

Fall 2023 Lunch Menu for: Cougar Cubs, Weston, Eden, JB Stephens, Harris, Maxwell, and GIS



Pricing:
Student Lunch \$3.05
Reduced Student Lunch \$0.40
Milk Only \$0.55
A la Carte items available daily.

What is A la Carte? A la Carte is extra servings of meal items and snacks/beverages that meet USDA Smart Snacks in Schools standards. A la carte pricing varies by item.

WK 1	Queso Chicken Pasta Assorted Fresh Vegetables Banana	Waffles & Sausage Patty Emoji Potatoes Applesauce	Pizza Bar! <i>Assorted pizza slices available to choose</i> Green Beans *Mixed Salad Pears	Orange Chicken with Oven Fried Rice Broccoli Peaches	Chicken Patty Sandwich Baked Beans Apple Slices
WK 2	Fish Shapes with Macaroni & Cheese Assorted Fresh Vegetables Apple Slices	Cheeseburger with toppings Baked Beans Grapes	Pizza Bar! <i>Assorted pizza slices available to choose</i> Green Beans *Mixed Salad Applesauce	Brunch for Lunch! French Toast & Sausage Patty Emoji Potatoes Pears	Pepperoni & Cheese Calzone Broccoli Peaches Fruit Slushie Cup
WK 3	Walking Taco with toppings Black Beans Pears	Spaghetti with Meat Sauce Garlic Bread Corn Grapes	Pizza Bar! <i>Assorted pizza slices available to choose</i> *Mixed Salad Assorted Fresh Vegetables Pineapple	Mini Corn Dogs Green Beans Banana Mini Rice Krispie Treat	Chicken Nugget with Potato Chips Broccoli Peaches

Every other week, we will proudly serve



Domino's Pizza on our Pizza Bar!

No School Dates

September 4 – Labor Day

October 9-20 – Fall Break

Special Menu for National School Week

All lunches include low fat milk choices.
 Daily alternatives to hot lunch:
 Salad, Deli Sandwich, PB & J Uncrustable
 **Alternative entree choices are subject to availability.

AUGUST '23					SEPTEMBER '23					OCTOBER '23				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		2	3	4					1	2	3	4	5	6
7	8	9	10	11		5	6	7	8					
14	15	16	17	18	11	12	13	14	15					
21	22	23	24	25	18	19	20	21	22	National School Lunch Week				
28	29	30	31		25	26	27	28	29					



Menus are subject to change at anytime.
This institution is an equal opportunity provider.

Scan the QR Code to view our menus online with additional nutrition information.